Key:
(1) see notes

INN ON THE PARK ALLERGEN INFO

MASTER MENU | ALLERGENS & INGREDIENTS INFORMATION

**** IMPORTANT ** PLEASE BE AWARE HOSPITALITY BUSINESSES ARE EXPERIENCING A HIGH LEVEL OF SHORT NOTICE PRODUCT CHANGES AND SUPPLY ISSUES. PLEASE READ OUR ALLERGENS NOTICE AND ENSURE ALLERGENS ARE ADVISED TO OUR SERVERS PRIOR TO PLACING AN ORDER.**

UPDATED: 10/11/21

MENU AREA	DISH | MENU ITEM | FOOD PRODUCT NAME	FOOD ITEM(s)	CURRENT	CEREAL containing GLUTEN	CELERY	SESAME	SOYA	EGG	MILK	PEANUTS	NUTS/ TREENUTS (1)	LUPIN	MUSTARD	SULPHITES	FISH	CRUSTACEANS	SHELLFISH	MOLLUSCS
BREAKFAST																		
BREAKFAST BAPS	BREAKFAST BAP (EGG, BACON & SAUSAGE)	BAP	YES	WHEAT, SOYA														
		FLORA (vg)	YES															
		SAUSAGE	YES															
		BACON	YES															
		EGG	YES															
	SMOKED BACON BAP	BAP	YES	WHEAT, SOYA														
		FLORA (vg)	YES															
		BACON	YES															
	SAUSAGE BAP	BAP	YES	WHEAT, SOYA														
		FLORA (vg)	YES															
		SAUSAGE	YES															
	SAUSAGE & EGG BAP	BAP	YES	WHEAT, SOYA														
		FLORA (vg)	YES															
		SAUSAGE	YES															
		EGG	YES															
	BACON & EGG BAP	BAP	YES	WHEAT, SOYA														
		FLORA (vg)	YES															
		BACON	YES															
		EGG	YES															
BREAKFAST BAP EXTRAS	BACON	BACON	YES															
	SAUSAGE	SAUSAGE	YES															
	EGG FRIED	EGG FRIED	YES															
	BAP (PLAIN)	BAP	YES	WHEAT, SOYA														
	FLORA (vg)	FLORA (vg)	YES															
BREAKFAST																		
BREAKFAST OTHER	CRUMPETS TOASTED & BUTTER	CRUMPETS	ON RQST	WHEAT		may contain		may contain	may contain		may contain							
		BUTTER PACK (Lakeland)	YES															
	TOAST & BUTTER	WHITE EXTRA THICK BREAD	YES	WHEAT, SOYA														
		WHOLEMEAL EXTRA THICK BREAD	YES	WHEAT, SOYA														
		GRANARY EXTRA THICK BREAD	YES	WHEAT, SOYA, BARLEY														
		BUTTER PACK (Lakeland)	YES															
BREAKFAST EXTRAS	HONEY PORTION	HONEY PORTION	ON RQST															
	MARMITE PORTION	MARMITE PORTION	ON RQST	BARLEY,WHEAT, OATS, RYE														
	CHEDDAR CHEESE	CHEDDAR CHEESE	YES															
	TIPTREE STRAWBERRY JAM	TIPTREE STRAWBERRY JAM	YES															
	TIPTREE MARMALADE	TIPTREE MARMALADE	YES															
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CURRENT**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
HOT BAPS | OTHER																		
HOT BAPS & CIABBATTA PANINIS	BLT BAP	BAP	YES	WHEAT, SOYA														
		FLORA (vg)	YES															
		BACON	YES															
		LETTUCE	YES															
		TOMATO	YES															
		MAYONNAISE	YES															
	HALLOUMI & MUSHROOM BAP	BAP	YES	WHEAT, SOYA														
		FLORA (vg)	YES															
		HALLOUMI	YES															
		ROASTED MUSHROOMS	YES															
		SPINACH	YES															
		CHILLI SAUCE	YES															
	PIZZA CIABATTA PANINI	CIABATTA	YES	WHEAT, RYE, BARLEY,		may contain												
		FLORA (vg)	YES															
		CHEDDAR CHEESE	YES															
		PEPPERONI	YES						may contain				may contain					
		ROASTED RED PEPPER	YES															
		RED ONION	YES															
		TOMATO	YES															

	BOMBAY CIABATTA PANINI	CIABATTA	YES	WHEAT, RYE, BARLEY,		may contain												
		FLORA (vg)	YES															
		ROASTED POTATO FILLING	YES															
		CAULIFLOWER	YES															
		ONION	YES															
		SPINACH	YES															
		MANGO CHUTNEY	YES			may contain												
MENU AREA	DISH | MENU ITEM | FOOD PRODUCT NAME	FOOD ITEM(s)	CURRENT	CEREAL containing GLUTEN	CELERY	SESAME	SOYA	EGG	MILK	PEANUTS	NUTS/ TREENUTS (1)	LUPIN	MUSTARD	SULPHITES	FISH	CRUSTACEANS	SHELLFISH	MOLLUSCS
HOT COUNTER																		
SOUP CORNER	HOUSE SOUP	AUTUMN VEG SOUP	YES															
	WITH BREAD & BUTTER	WHITE EXTRA THICK BREAD	YES	WHEAT, SOYA														
		WHOLEMEAL EXTRA THICK BREAD	YES	WHEAT, SOYA														
		GRANARY EXTRA THICK BREAD	YES	WHEAT, SOYA, BARLEY														
		BUTTER PACK (Lakeland)	YES															
HOT COUNTER |	SAUSAGE ROLL	SAUSAGE ROLL	YES	WHEAT, RYE, BARLEY, OAT		may contain	b/crumbs				may contain	may contain						
SAVOURY	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	YES	WHEAT														
	VEGAN (SAUSAGE) ROLL	VEGAN (SAUSAGE) ROLL	YES	WHEAT														
	CHIPS	CHIPS	YES															
	CHEESY CHIPS	CHEESY CHIPS	YES															
	BEEF & VEG/ONION PASTY	BEEF & VEG/ONION PASTY	YES	WHEAT,BARLEY							may contain							
	CHEESE & ONION PASTY	CHEESE & ONION PASTY	YES	WHEAT														
HOT COUNTER |	CROISSANT PLAIN	CROISSANT PLAIN	YES	WHEAT		may contain	may contain				may contain							
SWEET	PAIN AU CHOCOLATE	PAIN AU CHOCOLATE	YES	WHEAT		may contain				may contain	may contain							
	PAIN AU RAISIN	PAIN AU RAISIN	YES	WHEAT, whey			may contain				may contain							
HOT SWEET PUD BOX	STICKY TOFFEE PUD & VANILLA ICE-CREAM	STICKY TOFFEE PUD	YES	WHEAT							may contain							
		VANILLA BEAN ICECREAM	YES								may contain							
MENU AREA	DISH | MENU ITEM | FOOD PRODUCT NAME	FOOD ITEM(s)	CURRENT	CEREAL containing GLUTEN	CELERY	SESAME	SOYA	EGG	MILK	PEANUTS	NUTS/ TREENUTS (1)	LUPIN	MUSTARD	SULPHITES	FISH	CRUSTACEANS	SHELLFISH	MOLLUSCS
TOASTIES &	*PLEASE TAKE CARE TO REVIEW WHITE/GRANARY BREAD*																	
REGULAR TOASTIES &	GOATS CHEESE & SPINACH TOASTIE	WHITE EXTRA THICK BREAD	YES	WHEAT, SOYA														
SANDWICHES		WHOLEMEAL EXTRA THICK BREAD	YES	WHEAT, SOYA														
		GRANARY EXTRA THICK BREAD	YES	WHEAT, SOYA, BARLEY														
		FLORA (vg)	YES															
		GOATS CHEESE	YES															
		SPINACH	YES															
		ROASTED RED PEPPER	YES															
	TUNA & CHEDDAR TOASTIE	WHITE EXTRA THICK BREAD	YES	WHEAT, SOYA														
		WHOLEMEAL EXTRA THICK BREAD	YES	WHEAT, SOYA														
		GRANARY EXTRA THICK BREAD	YES	WHEAT, SOYA, BARLEY														
		FLORA (vg)	YES															
		CHEDDAR CHEESE	YES															
		MAYONNAISE	YES															
		TUNA	YES															
	HAM & CHEDDAR CHEESE TOASTIE	WHITE EXTRA THICK BREAD	YES	WHEAT, SOYA														
		WHOLEMEAL EXTRA THICK BREAD	YES	WHEAT, SOYA														
		GRANARY EXTRA THICK BREAD	YES	WHEAT, SOYA, BARLEY														
		FLORA (vg)	YES															
		HAM	YES															
		CHEDDAR CHEESE	YES															
	CHEDDAR CHEESE & ONION TOASTIE	WHITE EXTRA THICK BREAD	YES	WHEAT, SOYA														
		WHOLEMEAL EXTRA THICK BREAD	YES	WHEAT, SOYA														
		GRANARY EXTRA THICK BREAD	YES	WHEAT, SOYA, BARLEY														
		FLORA (vg)	YES															
		CHEDDAR CHEESE	YES															
		RED ONION	YES															
MENU AREA	DISH | MENU ITEM | FOOD PRODUCT NAME	FOOD ITEM(s)	CURRENT	CEREAL containing GLUTEN	CELERY	SESAME	SOYA	EGG	MILK	PEANUTS	NUTS/ TREENUTS (1)	LUPIN	MUSTARD	SULPHITES	FISH	CRUSTACEANS	SHELLFISH	MOLLUSCS
BUILD YOUR OWN	*PLEASE TAKE CARE TO REVIEW WHITE/GRANARY BREAD*																	
BUILD YOUR OWN (BYO)	BYO BREAD	WHITE EXTRA THICK BREAD	YES	WHEAT, SOYA														
TOASTIE & SANDWICH		WHOLEMEAL EXTRA THICK BREAD	YES	WHEAT, SOYA														
BREAD		GRANARY EXTRA THICK BREAD	YES	WHEAT, SOYA, BARLEY														
BYO - EXTRA FILLINGS	BYO EXTRA FILLINGS	CHEDDAR CHEESE	YES															
BUILD YOUR OWN (BYO)		VEGAN CHEESE	YES															
TOASTIE & SANDWICHES		TUNA MAYO	YES															
		MAYONNAISE	YES															
		TUNA	YES															

		HAM	YES															
	BYO TOASTIE SALAD	TOMATO	YES															
		RED ONION	YES															
		SPINACH	YES															
		LETTUCE	YES															
	BYO TOASTIE ROASTED VEGETABLES	ROASTED MUSHROOMS	YES															
		ROASTED RED PEPPER	YES															
	BYO TOASTIE SAUCE	KETCHUP	YES															
		MUSTARD	YES															
		CHILLI SAUCE	YES															
		PICKLE	YES	BARLEY														
		MARMITE	YES	BARLEY,WHEAT, OATS, RYE														
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CURRENT**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS** (1)	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
SIMPLE SANDWICHES																		
SIMPLE SANDWICHES/KIDS	SIMPLE SANDWICH PLAIN BREAD & FLOR	HOVIS WHITE BREAD	YES	WHEAT,														
		FLORA (vg)	YES															
	SIMPLE SANDWICH TUNA MAYO	HOVIS WHITE BREAD	YES	WHEAT,														
		FLORA (vg)	YES															
		TUNA	YES															
		MAYONNAISE	YES															
	SIMPLE SANDWICH CHEDDAR CHEESE	HOVIS WHITE BREAD	YES	WHEAT,														
		FLORA (vg)	YES															
		CHEDDAR CHEESE	YES															
	SIMPLE SANDWICH HAM	HOVIS WHITE BREAD	YES	WHEAT,														
		FLORA (vg)	YES															
		HAM	YES															
	SIMPLE SANDWICH STRAWBERRY JAM	HOVIS WHITE BREAD	YES	WHEAT,														
		FLORA (vg)	YES															
		STRAWBERRY JAM	YES															
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CURRENT**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS** (1)	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
SWEET BAKES &																		
CAKES	CARROT CAKE	CARROT CAKE	YES	WHEAT							WALNUT							
	COFFEE & WALNUT CAKE	COFFEE & WALNUT CAKE	YES	WHEAT							WALNUT							
	CHOCOLATE CAKE	CHOCOLATE CAKE	YES	WHEAT														
	FRUIT CAKE	FRUIT CAKE	YES	WHEAT							may contain							
	GINGERBREAD CAKE	GINGERBREAD CAKE	YES	WHEAT							may contain							
	LEMON & BLUEBERRY CAKE	LEMON & BLUEBERRY CAKE	YES	WHEAT							may contain							
	LEMON DRIZZLE CAKE	LEMON DRIZZLE CAKE	YES	WHEAT							may contain							
	RED VELVET CAKE	RED VELVET CAKE	YES	WHEAT							may contain							
	TOFFEE CAKE	TOFFEE CAKE	YES	WHEAT							may contain							
	VICTORIA SPONGE	VICTORIA SPONGE	YES	WHEAT							may contain							
CAKE LOAF	BANANA & WALNUT LOAF	BANANA & WALNUT LOAF	YES	WHEAT							WALNUT							
	BANANA BREAD	BANANA BREAD	YES	WHEAT			may contain				may contain							
MUFFINS	BLUEBERRY MUFFIN	BLUEBERRY MUFFIN	YES	WHEAT			may contain				may contain							
	CHOC CHIP MUFFIN TRIPLE	CHOC CHIP MUFFIN TRIPLE	YES	WHEAT, OATS mc							may contain							
	RASPPBERRY MUFFIN	RASPPBERRY MUFFIN	YES	WHEAT							may contain							
	LEMON MERINGUE MUFFIN	LEMON & POPPYSEED MUFFIN	YES	WHEAT			may contain				may contain							
TRAYBAKES & FLAPJACKS	ALMOND & BLACK CHERRY SLICE	ALMOND & BLACK CHERRY SLICE	YES	WHEAT, OAT							ALMOND							
	BREAD PUDDING	BREAD PUDDING	YES	WHEAT, RYE, BARLEY, OAT		breads	breads				may contain	may contain						
	CHOCOLATE BROWNIE	CHOCOLATE BROWNIE	YES	WHEAT,							may contain							
	ALL BUTTER FLAPJACK	ALL BUTTER FLAPJACK	YES	WHEAT, OATS			may contain	may contain			may contain			may contain				
	BUTTER FLAPJACK (IOTP)	BUTTER FLAPJACK (IOTP)	YES	WHEAT, OATS			may contain				may contain			may contain				
	CARAMEL SHORTBREAD SLICE	CARAMEL SHORTBREAD SLICE	YES	WHEAT		may contain		may contain			may contain							
	SALTED CARAMEL & NUT SLICE	SALTED CARAMEL & NUT SLICE	YES	WHEAT, may contain ALL							PECAN & HAZELNUT							
	CHOCOLATE FRUIT & NUT SLICE	CHOCOLATE FRUIT & NUT SLICE	YES	WHEAT				may contain			WALNUT							
	MAPLE & PECAN & CHOCOLATE SLICE	MAPLE & PECAN & CHOCOLATE SLICE	YES	WHEAT, may contain ALL							PECAN							
	RASPBERRY & COCONUT SLICE	RASPBERRY & COCONUT	YES	WHEAT							COCONUT							
	ROLO BROWNIES	ROLO BROWNIES	YES								may contain							
	ROCKY ROAD SLICE	ROCKY ROAD	YES	WHEAT				may contain			may contain							
	SHORTBREAD (CLASSIC BUTTER) PLAIN SL	SHORTBREAD (CLASSIC BUTTER) PLAIN SLICE	YES	WHEAT, may contain ALL				may contain										
	HOMEMADE SHORTBREAD	HOMEMADE SHORTBREAD	YES	WHEAT														
	WHITE CHOCOLATE & CRANBERRY TIFFIN	WHITE CHOCOLATE & CRANBERRY TIFFIN SLI	YES	WHEAT				may contain			WALNUTS							
	WHITE CHOC & CRANBERRY FLAPJACK (IO	WHITE CHOC & CRANBERRY FLAPJACK	YES	WHEAT							WALNUTS							
COOKIES & BISCUITS	GINGERBREAD MEN	GINGERBREAD MEN	YES	WHEAT							may contain							
OTHERS	GINGERBREAD MEN (IOTP)	GINGERBREAD MEN (IOTP)	YES	WHEAT							may contain							
	FRUIT OAT COOKIE PACK	FRUIT OAT COOKIE PACK	YES	WHEAT							may contain							

	CHOCOLATE CHIP COOKIE PACK	CHOCOLATE CHIP COOKIE PACK	YES	WHEAT							may contain							
COOKIES HOME-MADE	BISCOFF COOKIE	BISCOFF COOKIE	YES	WHEAT														
	CHOCOLATE COOKIE	CHOCOLATE COOKIE	YES	WHEAT														
	CRÈME EGG STUFFED COOKIES	CRÈME EGG STUFFED COOKIES	YES	WHEAT														
	NYC GINGERBREAD COOKIE	NYC GINGERBREAD COOKIE	YES	WHEAT														
	RASPBERRY & WHITE CHOCOLATE COOKIE	RASPBERRY & WHITE CHOCOLATE COOKIE	YES	WHEAT														
	RED VELVET COOKIE	RED VELVET COOKIE	YES	WHEAT														
	ROLO COOKIE	ROLO COOKIE	YES	WHEAT														
	SALTED CARAMEL COOKIE	SALTED CARAMEL COOKIE	YES	WHEAT														
	SMARTIES COOKIE	SMARTIES COOKIE	YES	WHEAT														
	TERRYS CHOCOLATE ORANGE COOKIE	TERRYS CHOCOLATE ORANGE COOKIE	YES	WHEAT														
	TRIPLE CHOCOLATE COOKIE	TRIPLE CHOCOLATE SCONE	YES	WHEAT														
	MALTEASER COOKIES	MALTEASER COOKIES	YES	WHEAT														
	MINI EGG NYC COOKIES	MINI EGG NYC COOKIES	YES	WHEAT														
	HOMEMADE SHORTBREAD	HOMEMADE SHORTBREAD	YES	WHEAT														
SWEET PASTRIES & MISC SWEET BAKES	TOASTED FRUIT BREAD	TOASTED FRUIT BREAD	YES	WHEAT (MC SPELT, RYE, BARLEY, OATS)					may contain									
	TOASTED TEACAKE/FRUIT BREAD	BUTTER PACK (Kerrygold)	YES															
	CINNAMON SWIRL (TRAYBAKE)	CINNAMON SWIRL (TRAYBAKE)	YES	WHEAT							may contain							
	APPLE DANISH	APPLE DANISH	YES	WHEAT, SOYA														
	CHERRY DANISH	CHERRY DANISH	YES	WHEAT, SOYA														
	CUSTARD DANISH	CUSTARD DANISH	YES	WHEAT, SOYA														
	CHOCOLATE SWIRL	CHOCOLATE SWIRL	YES	WHEAT														

MENU AREA	DISH | MENU ITEM | FOOD PRODUCT NAME	FOOD ITEM(s)	CURRENT	CEREAL containing GLUTEN	CELERY	SESAME	SOYA	EGG	MILK	PEANUTS	NUTS/ TREENUTS (1)	LUPIN	MUSTARD	SULPHITES	FISH	CRUSTACEANS	SHELLFISH	MOLLUSCS
AFTERNOON TEAS &																		
AFTERNOON TEA	SIMPLE SANDWICH CHEDDAR & PICKLE	HOVIS WHITE BREAD	YES	WHEAT,														
		FLORA (vg)	YES															
		CHEDDAR CHEESE	YES															
		PICKLE	YES	BARLEY														
	SIMPLE SANDWICH EGG MAYO	HOVIS WHITE BREAD	YES	WHEAT														
		FLORA (vg)	YES															
		EGG	YES															
		MAYONNAISE	YES															
	SIMPLE SANDWICH TUNA MAYO	HOVIS WHITE BREAD	YES	WHEAT														
		FLORA (vg)	YES															
		TUNA	YES															
		MAYONNAISE	YES															
	SIMPLE SANDWICH HAM & MUSTARD	HOVIS WHITE BREAD	YES	WHEAT														
		FLORA (vg)	YES															
		HAM	YES															
		WHOLEGRAIN MUSTARD	YES															
	FRUIT SCONE CREAM TEA	FRUIT SCONE	YES	WHEAT														
		TIPTREE STRAWBERRY JAM	YES															
		RODDAS CLOTTED CREAM	YES															
	GINGERBREAD CAKE	GINGERBREAD CAKE	YES	WHEAT														
	LEMON DRIZZLE CAKE	LEMON DRIZZLE CAKE	YES	WHEAT														
	VICTORIA SPONGE (IOTP)	VICTORIA SPONGE (IOTP)	YES	WHEAT														
	CHOCOLATE BROWNIE	CHOCOLATE BROWNIE	YES	WHEAT							may contain							
CREAM TEAS | (SWEET & SAVOURY SCONE TEAS)	FRUIT SCONE CREAM TEA	FRUIT SCONE	YES	WHEAT														
		TIPTREE STRAWBERRY JAM	YES															
		RODDAS CLOTTED CREAM	YES															
	SPRINGTIME | ST.CLEMENTS CREAM TEA	LEMON SCONE	YES	WHEAT														
		TIPTREE LEMON CURD	YES															
		RODDAS CLOTTED CREAM	YES															
	TRIPLE CHOCOLATE CREAM TEA	TRIPLE CHOCOLATE SCONE	YES	WHEAT														
		TIPTREE STRAWBERRY JAM	YES															
		RODDAS CLOTTED CREAM	YES															
	CHEESE & CHIVE SCONE TEA	CHEESE & CHIVE SCONE	YES	WHEAT														
		PICKLE	YES	BARLEY														

MENU AREA	DISH | MENU ITEM | FOOD PRODUCT NAME	FOOD ITEM(s)	CURRENT	CEREAL containing GLUTEN	CELERY	SESAME	SOYA	EGG	MILK	PEANUTS	NUTS/ TREENUTS (1)	LUPIN	MUSTARD	SULPHITES	FISH	CRUSTACEANS	SHELLFISH	MOLLUSCS
PARK PICNICS																		
CLASSIC PICNIC | SAVOURY	CHEESE & ONION PASTY	CHEESE & ONION PASTY	YES	WHEAT														
	EGG MAYO BUN	BUN	YES	WHEAT, BARLEY														
		FLORA (vg)	YES															
		EGG	YES															
		MAYONNAISE	YES															
SUMMER PICNIC |	SAUSAGE ROLL	SAUSAGE ROLL	YES	WHEAT, RYE, BARLEY, OAT		b/crumbs	b/crumbs				may contain	may contain						

SAVOURY	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	YES	WHEAT														
CLASSIC PICNIC | SWEETS	CHOCOLATE BROWNIE	CHOCOLATE BROWNIE	YES	WHEAT							may contain							
	NYC GINGERBREAD COOKIE	NYC GINGERBREAD COOKIE	YES	WHEAT														
SUMMER PICNIC |	RED VELVET COOKIE	RED VELVET COOKIE	YES	WHEAT														
SWEETS	VICTORIA SPONGE (IOTP)	VICTORIA SPONGE (IOTP)	YES	WHEAT														
	TUCK SHOP SWEET POTS	TUCK SHOP SWEETIE POT	YES	WHEAT														
	FRUIT SCONE CREAM TEA	FRUIT SCONE	YES	WHEAT														
		TIPTREE STRAWBERRY JAM	YES															
		RODDAS CLOTTED CREAM	YES															
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CURRENT**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
PARK PLATTERS																		
COOKIE COUNTER	TRIPLE CHOCOLATE COOKIE	TRIPLE CHOCOLATE SCONE	YES	WHEAT														
PLATTER	RED VELVET COOKIE	RED VELVET COOKIE	YES	WHEAT														
	NYC GINGERBREAD COOKIE	NYC GINGERBREAD COOKIE	YES	WHEAT														
	ROLO COOKIE	ROLO COOKIE	YES	WHEAT														
	spare	spare		WHEAT														
SWEET TREATS PLATTER	RED VELVET COOKIE	RED VELVET COOKIE	YES	WHEAT														
	NYC GINGERBREAD COOKIE	NYC GINGERBREAD COOKIE	YES	WHEAT														
	CHOCOLATE BROWNIE	CHOCOLATE BROWNIE	YES	WHEAT							may contain							
	ALL BUTTER FLAPJACK	ALL BUTTER FLAPJACK	YES	WHEAT, OATS			may contain	may contain			may contain			may contain				
	BUTTER FLAPJACK (IOTP)	BUTTER FLAPJACK (IOTP)	YES	WHEAT, OATS			may contain				may contain			may contain				
	TUCK SHOP SWEETIE POT	TUCK SHOP SWEETIE POT	YES	WHEAT														
	MARSHMALLOWS	MARSHMALLOWS	YES															
	CHOCOLATE FLAKES	CHOCOLATE FLAKES	YES															
	STRAWBERRIES	STRAWBERRIES	YES															
TUCK SHOP PLATTER	TUCK SHOP SWEETIE POT	TUCK SHOP SWEETIE POT	YES	WHEAT														
MIXED SAVOURY	BAP CHEDDAR CHEESE & TOMATO	PLATTER BAP	YES	WHEAT		may contain		may contain	may contain									
PLATTER		FLORA (vg)	YES															
		CHEDDAR CHEESE	YES															
		TOMATO	YES															
	BAP EGG MAYO	PLATTER BAP	YES	WHEAT		may contain		may contain	may contain									
		FLORA (vg)	YES															
		EGG	YES															
		MAYONNAISE	YES															
	BAP TUNA MAYO	PLATTER BAP	YES	WHEAT		may contain		may contain	may contain									
		FLORA (vg)	YES															
		TUNA	YES															
		MAYONNAISE	YES															
	BAP HAM & WHOLEGRAIN MUSTARD	PLATTER BAP	YES	WHEAT		may contain		may contain	may contain									
		FLORA (vg)	YES															
		HAM	YES															
		WHOLEGRAIN MUSTARD	YES															
	SAUSAGE ROLL	SAUSAGE ROLL	YES	WHEAT, RYE, BARLEY, OAT		b/crumbs	b/crumbs				may contain	may contain						
	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	YES	WHEAT														
SAUSAGE ROLL PLATTER	SAUSAGE ROLL	SAUSAGE ROLL	YES	WHEAT, RYE, BARLEY, OAT		b/crumbs	b/crumbs				may contain	may contain						
	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	YES	WHEAT														
SANDWICH PLATTER	*PENDING UPDATE*	*PENDING UPDATE*	*PENDING*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
	PENDING UPDATE	*PENDING UPDATE*	*PENDING*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
	PENDING UPDATE	*PENDING UPDATE*	*PENDING*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
	PENDING UPDATE	*PENDING UPDATE*	*PENDING*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
	PENDING UPDATE	*PENDING UPDATE*	*PENDING*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CURRENT**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
PARK PIES																		
PARK PIES	CHICKEN, BACON AND LEEK	CHICKEN, BACON AND LEEK	YES	WHEAT														
	BUTTERNUT, GOATS CHEESE & LEEK	BUTTERNUT, GOATS CHEESE & LEEK	YES	WHEAT														
	BEEF GOULASH	BEEF GOULASH	YES	WHEAT														
	ALOO GOBI (VEGAN)	ALOO GOBI (VEGAN)	YES	WHEAT														
	CHICKEN TIKKA MASALA	CHICKEN TIKKA MASALA	YES	WHEAT														
	LAMB ROGAN JOSH SHEPHERDS PIE	LAMB ROGAN JOSH SHEPHERDS PIE	YES															
	VEGAN ROASTED RATATOUILLE	VEGAN ROASTED RATATOUILLE	YES	WHEAT														
	CHEDDAR, POTATO, MUSTARD & LEEK	CHEDDAR, POTATO, MUSTARD & LEEK	YES	WHEAT														
	STEAK RED WINE & MUSHROOM	STEAK RED WINE & MUSHROOM	YES	WHEAT														
	CHICKEN, CHORIZO & RED PEPPER	CHICKEN, CHORIZO & RED PEPPER	YES	WHEAT														
	CAULIFLOWER, BROCOLLI & CHEESE	CAULIFLOWER, BROCOLLI & CHEESE	YES	WHEAT														
	CHICKEN, GAMMON & MUSHROOM	CHICKEN, GAMMON & MUSHROOM	YES	WHEAT														

MENU AREA	DISH | MENU ITEM | FOOD PRODUCT NAME	FOOD ITEM(s)	CURRENT	CEREAL containing GLUTEN	CELERY	SESAME	SOYA	EGG	MILK	PEANUTS	NUTS/ TREENUTS (1)	LUPIN	MUSTARD	SULPHITES	FISH	CRUSTACEANS	SHELLFISH	MOLLUSCS
WEB SHOP ITEMS																		
SAUSAGE ROLL BOX	SAUSAGE ROLL	SAUSAGE ROLL	YES	WHEAT, RYE, BARLEY, OAT		b/crumbs	b/crumbs				may contain	may contain						
	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	YES	WHEAT														
CREAM TEA BOX	FRUIT SCONE CREAM TEA	FRUIT SCONE	YES	WHEAT														
		TIPTREE STRAWBERRY JAM	YES															
		RODDAS CLOTTED CREAM	YES															
	SPRINGTIME | ST.CLEMENTS CREAM TEA	LEMON SCONE	YES	WHEAT														
		TIPTREE LEMON CURD	YES															
		RODDAS CLOTTED CREAM	YES															
	TRIPLE CHOCOLATE CREAM TEA	TRIPLE CHOCOLATE SCONE	YES	WHEAT														
		TIPTREE STRAWBERRY JAM	YES															
		RODDAS CLOTTED CREAM	YES															