Key:
(1) see notes

INN ON THE PARK ALLERGEN INFO

MASTER MENU | ALLERGENS & INGREDIENTS INFORMATION

UPDATED: 01/10/21

MENU AREA	DISH | MENU ITEM | FOOD PRODUCT NAME	FOOD ITEM(s)	CEREAL containing GLUTEN	CELERY	SESAME	SOYA	EGG	MILK	PEANUTS	NUTS/ TREENUTS (1)	LUPIN	MUSTARD	SULPHITES	FISH	CRUSTACEANS	SHELLFISH	MOLLUSCS
BREAKFAST																	
BREAKFAST BAPS	BREAKFAST BAP (EGG, BACON & SAUSAGE)	BAP	WHEAT, RYE,		may contain	may contain											
		FLORA (vg)															
		SAUSAGE															
		BACON															
		EGG															
	SMOKED BACON BAP	BAP	WHEAT; RYE		may contain	may contain											
		FLORA (vg)															
		BACON															
	SAUSAGE BAP	BAP	WHEAT; RYE		may contain	may contain											
		FLORA (vg)															
		SAUSAGE															
	SAUSAGE & EGG BAP	BAP	WHEAT; RYE		may contain	may contain											
		FLORA (vg)															
		SAUSAGE															
		EGG															
	BACON & EGG BAP	BAP	WHEAT; RYE		may contain	may contain											
		FLORA (vg)															
		BACON															
		EGG															
BREAKFAST BAP EXTRAS	BACON	BACON															
	SAUSAGE	SAUSAGE															
	EGG FRIED	EGG FRIED															
	BAP (PLAIN)	BAP (PLAIN)	WHEAT; RYE		may contain	may contain											
	FLORA (vg)	FLORA (vg)															
BREAKFAST																	
BREAKFAST OTHER	CRUMPETS TOASTED & BUTTER	CRUMPETS	WHEAT		may contain		may contain	may contain		may contain							
		BUTTER PACK (Lakeland)															
	TOAST & BUTTER	SOURDOUGH WHITE BREAD	WHEAT, RYE,		may contain			may contain		may contain	may contain						
		GRANARY BREAD	WHEAT, RYE, BARLEY, OAT					may contain		may contain	may contain						
		BUTTER PACK (Lakeland)															
BREAKFAST EXTRAS	HONEY PORTION	HONEY PORTION															
	MARMITE PORTION	MARMITE PORTION	BARLEY,WHEAT, OATS, RYE														
	CHEDDAR CHEESE	CHEDDAR CHEESE															
	TIPTREE STRAWBERRY JAM	TIPTREE STRAWBERRY JAM															
	TIPTREE MARMALADE	TIPTREE MARMALADE															
MENU AREA	DISH | MENU ITEM | FOOD PRODUCT NAME	FOOD ITEM(s)	CEREAL containing GLUTEN	CELERY	SESAME	SOYA	EGG	MILK	PEANUTS	NUTS/ TREENUTS (1)	LUPIN	MUSTARD	SULPHITES	FISH	CRUSTACEANS	SHELLFISH	MOLLUSCS
HOT BAPS | OTHER																	
HOT BAPS & CIABBATTA PANINIS	BLT BAP	BAP	WHEAT; RYE		may contain	may contain											
		FLORA (vg)															
		BACON															
		LETTUCE															
		TOMATO															
		MAYONNAISE															
	HALLOUMI & MUSHROOM BAP	BAP	WHEAT; RYE		may contain	may contain											
		FLORA (vg)															
		HALLOUMI															
		ROASTED MUSHROOMS															
		SPINACH															
		CHILLI SAUCE															
	PIZZA PANINI	PANINI	WHEAT		traces/flora	traces/flora		traces/flora		traces/flora							
		FLORA (vg)															
		CHEDDAR CHEESE															

		PEPPERONI						may contain				may contain					
		ROASTED RED PEPPER															
		RED ONION															
		TOMATO															
	BOMBAY PANINI	PANINI	WHEAT		traces/flora	traces/flora		traces/flora		traces/flora							
		FLORA (vg)															
		ROASTED POTATO FILLING															
		CAULIFLOWER															
		ONION															
		SPINACH															
		MANGO CHUTNEY			may contain												
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
HOT COUNTER																	
SOUP CORNER	**HOUSE SOUP WITH BREAD & BUTTER**	AUTUMN VEG SOUP															
		SOURDOUGH WHITE BREAD	WHEAT, RYE,		may contain			may contain		may contain	may contain						
		GRANARY BREAD	WHEAT, RYE, BARLEY, OAT					may contain		may contain	may contain						
		BUTTER PACK (Lakeland)															
HOT COUNTER | SAVOURY	**SAUSAGE ROLL**	SAUSAGE ROLL	WHEAT, RYE, BARLEY, OAT		may contain	b/crumbs				may contain	may contain						
	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	WHEAT														
	VEGAN (SAUSAGE) ROLL	VEGAN (SAUSAGE) ROLL	WHEAT														
	CHIPS	CHIPS															
	CHEESY CHIPS	CHEESY CHIPS															
	BEEF & VEG/ONION PASTY	BEEF & VEG/ONION PASTY	WHEAT,BARLEY							may contain							
	CHEESE & ONION PASTY	CHEESE & ONION PASTY	WHEAT														
HOT COUNTER | SWEET	**CROISSANT PLAIN**	CROISSANT PLAIN	WHEAT		may contain	may contain				may contain							
	PAIN AU CHOCOLATE	PAIN AU CHOCOLATE	WHEAT		may contain				may contain	may contain							
	PAIN AU RAISIN	PAIN AU RAISIN	WHEAT, whey			may contain				may contain							
HOT SWEET PUD BOX	**STICKY TOFFEE PUD & VANILLA ICE-CREAM**	STICKY TOFFEE PUD	WHEAT							may contain							
		VANILLA BEAN ICECREAM								may contain							
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
TOASTIES &	***PLEASE TAKE CARE TO REVIEW WHITE/GRANARY BREAD***																
REGULAR TOASTIES & SANDWICHES	**GOATS CHEESE & SPINACH TOASTIE**	SOURDOUGH WHITE BREAD	WHEAT, RYE,		may contain			may contain		may contain	may contain						
		GRANARY BREAD	WHEAT, RYE, BARLEY, OAT					may contain		may contain	may contain						
		FLORA (vg)															
		GOATS CHEESE															
		SPINACH															
		ROASTED RED PEPPER															
	TUNA & CHEDDAR TOASTIE	SOURDOUGH WHITE BREAD	WHEAT, RYE,		may contain			may contain		may contain	may contain						
		GRANARY BREAD	WHEAT, RYE, BARLEY, OAT					may contain		may contain	may contain						
		FLORA (vg)															
		CHEDDAR CHEESE															
		MAYONNAISE															
		TUNA															
	HAM & CHEDDAR CHEESE TOASTIE	SOURDOUGH WHITE BREAD	WHEAT, RYE,		may contain			may contain		may contain	may contain						
		GRANARY BREAD	WHEAT, RYE, BARLEY, OAT					may contain		may contain	may contain						
		FLORA (vg)															
		HAM															
		CHEDDAR CHEESE															
	CHEDDAR CHEESE & ONION TOASTIE	SOURDOUGH WHITE BREAD	WHEAT, RYE		may contain			may contain		may contain	may contain						
		GRANARY BREAD	WHEAT, RYE, BARLEY, OAT					may contain		may contain	may contain						
		FLORA (vg)															
		CHEDDAR CHEESE															
		RED ONION															
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
BUILD YOUR OWN	***PLEASE TAKE CARE TO REVIEW WHITE/GRANARY BREAD***																
BUILD YOUR OWN	**BYO BREAD**	SOURDOUGH WHITE BREAD	WHEAT, RYE,		may contain			may contain		may contain	may contain						
		GRANARY BREAD	WHEAT, RYE, BARLEY, OAT					may contain		may contain	may contain						
BYO - EXTRA FILLINGS	**BYO EXTRA FILLINGS**	CHEDDAR CHEESE															
BUILD YOUR OWN		VEGAN CHEESE															

(BYO) TOASTIE & SANDWICHES		TUNA MAYO															
		MAYONNAISE															
		TUNA															
		HAM															
	BYO TOASTIE SALAD	TOMATO															
		RED ONION															
		SPINACH															
		LETTUCE															
	BYO TOASTIE ROASTED VEGETABLES	ROASTED MUSHROOMS															
		ROASTED RED PEPPER															
	BYO TOASTIE SAUCE	KETCHUP															
		MUSTARD															
		CHILLI SAUCE															
		PICKLE	BARLEY														
		MARMITE	BARLEY,WHEAT, OATS, RYE														
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
SIMPLE SANDWICHES																	
SIMPLE SANDWICHES/KIDS	SIMPLE SANDWICH PLAIN BREAD & FLOR	HOVIS WHITE BREAD	WHEAT,														
		FLORA (vg)															
	SIMPLE SANDWICH TUNA MAYO	HOVIS WHITE BREAD	WHEAT,														
		FLORA (vg)															
		TUNA															
		MAYONNAISE															
	SIMPLE SANDWICH CHEDDAR CHEESE	HOVIS WHITE BREAD	WHEAT,														
		FLORA (vg)															
		CHEDDAR CHEESE															
	SIMPLE SANDWICH HAM	HOVIS WHITE BREAD	WHEAT,														
		FLORA (vg)															
		HAM															
	SIMPLE SANDWICH STRAWBERRY JAM	HOVIS WHITE BREAD	WHEAT,														
		FLORA (vg)															
		STRAWBERRY JAM															
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
SWEET BAKES &																	
CAKES	CARROT CAKE	CARROT CAKE	WHEAT							WALNUT							
	COFFEE & WALNUT CAKE	COFFEE & WALNUT CAKE	WHEAT							WALNUT							
	CHOCOLATE CAKE	CHOCOLATE CAKE	WHEAT														
	FRUIT CAKE	FRUIT CAKE	WHEAT							may contain							
	GINGERBREAD CAKE	GINGERBREAD CAKE	WHEAT							may contain							
	LEMON & BLUEBERRY CAKE	LEMON & BLUEBERRY CAKE	WHEAT							may contain							
	LEMON DRIZZLE CAKE	LEMON DRIZZLE CAKE	WHEAT							may contain							
	RED VELVET CAKE	RED VELVET CAKE	WHEAT							may contain							
	TOFFEE CAKE	TOFFEE CAKE	WHEAT							may contain							
	VICTORIA SPONGE	VICTORIA SPONGE	WHEAT							may contain							
CAKE LOAF	BANANA & WALNUT LOAF	BANANA & WALNUT LOAF	WHEAT							WALNUT							
	BANANA BREAD	BANANA BREAD	WHEAT			may contain				may contain							
	spare	spare															
MUFFINS	BLUEBERRY MUFFIN	BLUEBERRY MUFFIN	WHEAT			may contain				may contain							
	CHOC CHIP MUFFIN TRIPLE	CHOC CHIP MUFFIN TRIPLE	WHEAT, OATS mc							may contain							
	RASPPBERRY MUFFIN	RASPPBERRY MUFFIN	WHEAT							may contain							
	LEMON MERINGUE MUFFIN	LEMON & POPPYSEED MUFFIN	WHEAT			may contain				may contain							
TRAYBAKES & FLAPJACKS	ALMOND & BLACK CHERRY SLICE	ALMOND & BLACK CHERRY SLICE	WHEAT, OAT							ALMOND							
	BREAD PUDDING	BREAD PUDDING	WHEAT, RYE, BARLEY, OAT		breads	breads				may contain	may contain						
	CHOCOLATE BROWNIE	CHOCOLATE BROWNIE	WHEAT,							may contain							
	ALL BUTTER FLAPJACK	ALL BUTTER FLAPJACK	WHEAT, OATS			may contain	may contain			may contain			may contain				
	BUTTER FLAPJACK (IOTP)	BUTTER FLAPJACK (IOTP)	WHEAT, OATS			may contain				may contain			may contain				
	CARAMEL SHORTBREAD SLICE	CARAMEL SHORTBREAD SLICE	WHEAT		may contain		may contain			may contain							
	SALTED CARAMEL & NUT SLICE	SALTED CARAMEL & NUT SLICE	WHEAT, may contain ALL							PECAN & HAZELNUT							
	CHOCOLATE FRUIT & NUT SLICE	CHOCOLATE FRUIT & NUT SLICE	WHEAT				may contain			WALNUT							
	MAPLE & PECAN & CHOCOLATE SLICE	MAPLE & PECAN & CHOCOLATE SLI	WHEAT, may contain ALL							PECAN							
	RASPBERRY & COCONUT SLICE	RASPBERRY & COCONUT	WHEAT							COCONUT							

	ROLO BROWNIES	ROLO BROWNIES									may contain							
	ROCKY ROAD SLICE	ROCKY ROAD	WHEAT					may contain			may contain							
	SHORTBREAD (CLASSIC BUTTER) PLAIN SL	SHORTBREAD (CLASSIC BUTTER) PL	WHEAT, may contain ALL					may contain										
	HOMEMADE SHORTBREAD	HOMEMADE SHORTBREAD	WHEAT															
	WHITE CHOCOLATE & CRANBERRY TIFFIN	WHITE CHOCOLATE & CRANBERRY	WHEAT					may contain			WALNUTS							
	WHITE CHOC & CRANBERRY FLAPJACK (IO	WHITE CHOC & CRANBERRY FLAPJA	WHEAT								WALNUTS							
	spare	spare																
COOKIES & BISCUITS OTHERS	GINGERBREAD MEN	GINGERBREAD MEN	WHEAT								may contain							
	GINGERBREAD MEN (IOTP)	GINGERBREAD MEN (IOTP)	WHEAT								may contain							
	FRUIT OAT COOKIE PACK	FRUIT OAT COOKIE PACK	WHEAT								may contain							
	CHOCOLATE CHIP COOKIE PACK	CHOCOLATE CHIP COOKIE PACK	WHEAT								may contain							
COOKIES HOME-MADE	BISCOFF COOKIE	BISCOFF COOKIE	WHEAT															
	CHOCOLATE COOKIE	CHOCOLATE COOKIE	WHEAT															
	CRÈME EGG STUFFED COOKIES	CRÈME EGG STUFFED COOKIES	WHEAT															
	NYC GINGERBREAD COOKIE	NYC GINGERBREAD COOKIE	WHEAT															
	RASPBERRY & WHITE CHOCOLATE COOKI	RASPBERRY & WHITE CHOCOLATE	WHEAT															
	RED VELVET COOKIE	RED VELVET COOKIE	WHEAT															
	ROLO COOKIE	ROLO COOKIE	WHEAT															
	SALTED CARAMEL COOKIE	SALTED CARAMEL COOKIE	WHEAT															
	SMARTIES COOKIE	SMARTIES COOKIE	WHEAT															
	TERRYS CHOCOLATE ORANGE COOKIE	TERRYS CHOCOLATE ORANGE COO	WHEAT															
	TRIPLE CHOCOLATE COOKIE	TRIPLE CHOCOLATE SCONE	WHEAT															
	MALTEASER COOKIES	MALTEASER COOKIES	WHEAT															
	MINI EGG NYC COOKIES	MINI EGG NYC COOKIES	WHEAT															
	HOMEMADE SHORTBREAD	HOMEMADE SHORTBREAD	WHEAT															
	spare	spare																
SWEET PASTRIES & MISC SWEET BAKES	TOASTED FRUIT BREAD	TOASTED FRUIT BREAD	WHEAT															
	TOASTED TEACAKE BUTTER	BUTTER PACK (Kerrygold)																
	CINNAMON SWIRL (TRAYBAKE)	CINNAMON SWIRL (TRAYBAKE)	WHEAT								may contain							
	CHOCOLATE SWIRL	CHOCOLATE SWIRL	WHEAT															
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
AFTERNOON TEAS &																		
AFTERNOON TEA	SIMPLE SANDWICH CHEDDAR & PICKLE	HOVIS WHITE BREAD	WHEAT,															
		FLORA (vg)																
		CHEDDAR CHEESE																
		PICKLE	BARLEY															
	SIMPLE SANDWICH EGG MAYO	HOVIS WHITE BREAD	WHEAT															
		FLORA (vg)																
		EGG																
		MAYONNAISE																
	SIMPLE SANDWICH TUNA MAYO	HOVIS WHITE BREAD	WHEAT															
		FLORA (vg)																
		TUNA																
		MAYONNAISE																
	SIMPLE SANDWICH HAM & MUSTARD	HOVIS WHITE BREAD	WHEAT															
		FLORA (vg)																
		HAM																
		WHOLEGRAIN MUSTARD																
	FRUIT SCONE CREAM TEA	FRUIT SCONE	WHEAT															
		TIPTREE STRAWBERRY JAM																
		RODDAS CLOTTED CREAM																
	GINGERBREAD CAKE	GINGERBREAD CAKE	WHEAT															
	LEMON DRIZZLE CAKE	LEMON DRIZZLE CAKE	WHEAT															
	VICTORIA SPONGE (IOTP)	VICTORIA SPONGE (IOTP)	WHEAT															
	CHOCOLATE BROWNIE	CHOCOLATE BROWNIE	WHEAT								may contain							
	spare	spare																
CREAM TEAS | (SWEET & SAVOURY SCONE TEAS)	FRUIT SCONE CREAM TEA	FRUIT SCONE	WHEAT															
		TIPTREE STRAWBERRY JAM																
		RODDAS CLOTTED CREAM																
	SPRINGTIME | ST.CLEMENTS CREAM TEA	LEMON SCONE	WHEAT															
		TIPTREE LEMON CURD																
		RODDAS CLOTTED CREAM																
	TRIPLE CHOCOLATE CREAM TEA	TRIPLE CHOCOLATE SCONE	WHEAT															
		TIPTREE STRAWBERRY JAM																

		RODDAS CLOTTED CREAM															
	CHEESE & CHIVE SCONE TEA	CHEESE & CHIVE SCONE	WHEAT														
		PICKLE	BARLEY														
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
PARK PICNICS																	
CLASSIC PICNIC | SAVOURY	**CHEESE & ONION PASTY**	CHEESE & ONION PASTY	**WHEAT**														
	EGG MAYO BUN	BUN	**WHEAT, BARLEY**														
		FLORA (vg)															
		EGG															
		MAYONNAISE															
SUMMER PICNIC | SAVOURY	**SAUSAGE ROLL**	SAUSAGE ROLL	**WHEAT, RYE, BARLEY, OAT**		b/crumbs	b/crumbs				may contain	may contain						
	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	**WHEAT**														
CLASSIC PICNIC | SWEETS	**CHOCOLATE BROWNIE**	CHOCOLATE BROWNIE	**WHEAT**							may contain							
	NYC GINGERBREAD COOKIE	NYC GINGERBREAD COOKIE	**WHEAT**														
SUMMER PICNIC | SWEETS	**RED VELVET COOKIE**	RED VELVET COOKIE	**WHEAT**														
	VICTORIA SPONGE (IOTP)	VICTORIA SPONGE (IOTP)	**WHEAT**														
	TUCK SHOP SWEET POTS	TUCK SHOP SWEETIE POT	**WHEAT**														
	FRUIT SCONE CREAM TEA	FRUIT SCONE	**WHEAT**														
		TIPTREE STRAWBERRY JAM															
		RODDAS CLOTTED CREAM															
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS (1)**	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
PARK PLATTERS																	
COOKIE COUNTER PLATTER	**TRIPLE CHOCOLATE COOKIE**	TRIPLE CHOCOLATE SCONE	**WHEAT**														
	RED VELVET COOKIE	RED VELVET COOKIE	**WHEAT**														
	NYC GINGERBREAD COOKIE	NYC GINGERBREAD COOKIE	**WHEAT**														
	ROLO COOKIE	ROLO COOKIE	**WHEAT**														
	spare	spare	**WHEAT**														
SWEET TREATS PLATTER	**RED VELVET COOKIE**	RED VELVET COOKIE	**WHEAT**														
	NYC GINGERBREAD COOKIE	NYC GINGERBREAD COOKIE	**WHEAT**														
	CHOCOLATE BROWNIE	CHOCOLATE BROWNIE	**WHEAT**							may contain							
	ALL BUTTER FLAPJACK	ALL BUTTER FLAPJACK	**WHEAT, OATS**			may contain	may contain			may contain			may contain				
	BUTTER FLAPJACK (IOTP)	BUTTER FLAPJACK (IOTP)	**WHEAT, OATS**			may contain				may contain			may contain				
	TUCK SHOP SWEETIE POT	TUCK SHOP SWEETIE POT	**WHEAT**														
	MARSHMALLOWS	MARSHMALLOWS															
	CHOCOLATE FLAKES	CHOCOLATE FLAKES															
	STRAWBERRIES	STRAWBERRIES															
	spare	spare															
TUCK SHOP PLATTER	**TUCK SHOP SWEETIE POT**	TUCK SHOP SWEETIE POT	**WHEAT**														
	spare	spare															
MIXED SAVOURY PLATTER	**BAP CHEDDAR CHEESE & TOMATO**	PLATTER BAP	**WHEAT**		may contain		may contain	may contain									
		FLORA (vg)															
		CHEDDAR CHEESE															
		TOMATO															
	BAP EGG MAYO	PLATTER BAP	**WHEAT**		may contain		may contain	may contain									
		FLORA (vg)															
		EGG															
		MAYONNAISE															
	BAP TUNA MAYO	PLATTER BAP	**WHEAT**		may contain		may contain	may contain									
		FLORA (vg)															
		TUNA															
		MAYONNAISE															
	BAP HAM & WHOLEGRAIN MUSTARD	PLATTER BAP	**WHEAT**		may contain		may contain	may contain									
		FLORA (vg)															
		HAM															
		WHOLEGRAIN MUSTARD															
	SAUSAGE ROLL	SAUSAGE ROLL	**WHEAT, RYE, BARLEY, OAT**		b/crumbs	b/crumbs				may contain	may contain						
	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	**WHEAT**														
	spare	spare															
SAUSAGE ROLL PLATTER	**SAUSAGE ROLL**	SAUSAGE ROLL	**WHEAT, RYE, BARLEY, OAT**		b/crumbs	b/crumbs				may contain	may contain						
	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	**WHEAT**														

	spare	spare																
SANDWICH PLATTER	*PENDING UPDATE*	*PENDING UPDATE*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
	PENDING UPDATE	*PENDING UPDATE*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
	PENDING UPDATE	*PENDING UPDATE*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
	PENDING UPDATE	*PENDING UPDATE*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
	PENDING UPDATE	*PENDING UPDATE*	*PENDING UPDATE*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*	*PENDING*
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS** (1)	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
PARK PIES																		
PARK PIES	**CHICKEN, BACON AND LEEK**	CHICKEN, BACON AND LEEK	**WHEAT**															
	BUTTERNUT, GOATS CHEESE & LEEK	BUTTERNUT, GOATS CHEESE &	**WHEAT**															
	BEEF GOULASH	BEEF GOULASH	**WHEAT**															
	ALOO GOBI (VEGAN)	ALOO GOBI (VEGAN)	**WHEAT**															
	CHICKEN TIKKA MASALA	CHICKEN TIKKA MASALA	**WHEAT**															
	LAMB ROGAN JOSH SHEPHERDS PIE	LAMB ROGAN JOSH SHEPHERDS																
	VEGAN ROASTED RATATOUILLE	VEGAN ROASTED RATATOUILLE	**WHEAT**															
	CHEDDAR, POTATO, MUSTARD & LEEK	CHEDDAR, POTATO, MUSTARD &	**WHEAT**															
	STEAK RED WINE & MUSHROOM	STEAK RED WINE & MUSHROOM	**WHEAT**															
	CHICKEN, CHORIZO & RED PEPPER	CHICKEN, CHORIZO & RED PEPPER	**WHEAT**															
	CAULIFLOWER, BROCOLLI & CHEESE	CAULIFLOWER, BROCOLLI &	**WHEAT**															
	CHICKEN, GAMMON & MUSHROOM	CHICKEN, GAMMON &	**WHEAT**															
MENU AREA	**DISH | MENU ITEM | FOOD PRODUCT NAME**	**FOOD ITEM(s)**	**CEREAL containing GLUTEN**	**CELERY**	**SESAME**	**SOYA**	**EGG**	**MILK**	**PEANUTS**	**NUTS/ TREENUTS** (1)	**LUPIN**	**MUSTARD**	**SULPHITES**	**FISH**	**CRUSTACEANS**	**SHELLFISH**	**MOLLUSCS**
WEB SHOP ITEMS																		
SAUSAGE ROLL BOX	**SAUSAGE ROLL**	SAUSAGE ROLL	**WHEAT, RYE, BARLEY, OAT**		b/crumbs	b/crumbs				may contain	may contain							
	VEGETARIAN (SAUSAGE) ROLL	VEGETARIAN (SAUSAGE) ROLL	**WHEAT**															
CREAM TEA BOX	**FRUIT SCONE CREAM TEA**	FRUIT SCONE	**WHEAT**															
		TIPTREE STRAWBERRY JAM																
		RODDAS CLOTTED CREAM																
	SPRINGTIME | ST.CLEMENTS CREAM TEA	LEMON SCONE	**WHEAT**															
		TIPTREE LEMON CURD																
		RODDAS CLOTTED CREAM																
	TRIPLE CHOCOLATE CREAM TEA	TRIPLE CHOCOLATE SCONE	**WHEAT**															
		TIPTREE STRAWBERRY JAM																
		RODDAS CLOTTED CREAM																
SPARE	**spare**	spare																
		spare																